

Email Newsletter - Promotions and Events in October

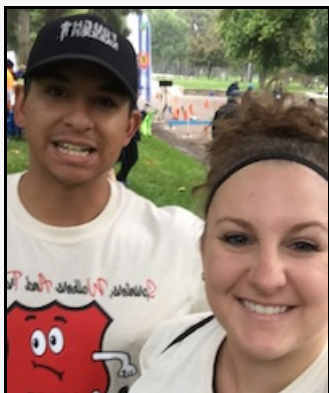
Physical Therapy Connections / Sports Performance & Rehab

Specializing in rapid relief from pain, injury and weakness.

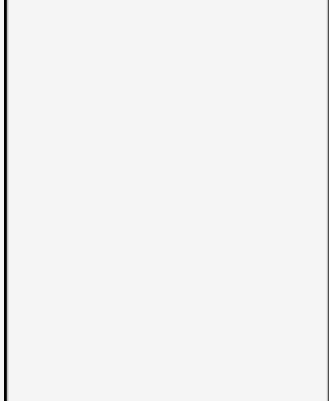
10/3/2017



Sam and Adrian at the Pueblo Crime Stoppers 5K



Crossing the finish line



Adrian Gomez and Sam Goeke took the challenge of completing the Pueblo Crime Stoppers 5K.

This took place at City Park in Pueblo on Saturday, September 30th. Adrian entered the 5K run and Sam entered the walk. Both placed in their age division and completed the race at a strong pace.

We love putting our practices into action, and starting a brisk Saturday morning with a 5K definitely allowed us to do that!

Wellness and Injury Prevention

Learn the lifelong tools to have better balance! Make new friends and live long, and healthy.

Monday, Wednesday and Friday at 11:00am.

First visit is FREE for current patients!



Samantha Brown
Physical Therapy Connections
[Email-us](#)
719-565-6678
[Our Website](#)

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PT Connections Social Media

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October 2, 2017

This newsletter contains information on our upcoming events in October. Don't forget to visit and follow us on [Facebook](#), [Instagram](#), [Twitter](#), [Pinterest](#), and [YouTube](#)!

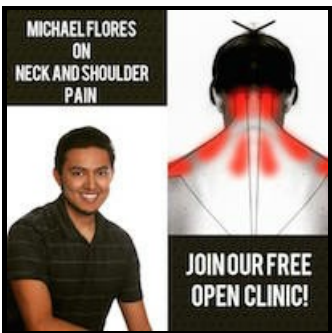
Events in October



On October 17, 2017 from 2:30 - 3:30 [Max Madrid, LPTA](#) will be hosting his Golfing with Pain Workshop at Walking Stick Golf Course.

Many people are unable to enjoy hobbies such as [golfing](#) because of acute and chronic pain. This pain ranges from back pain to shoulder pain and can often feel debilitating. Even if you're not a golfer, come visit Max to see how you can get rid of your pain fast and learn what you can do on your own to reduce that pain.

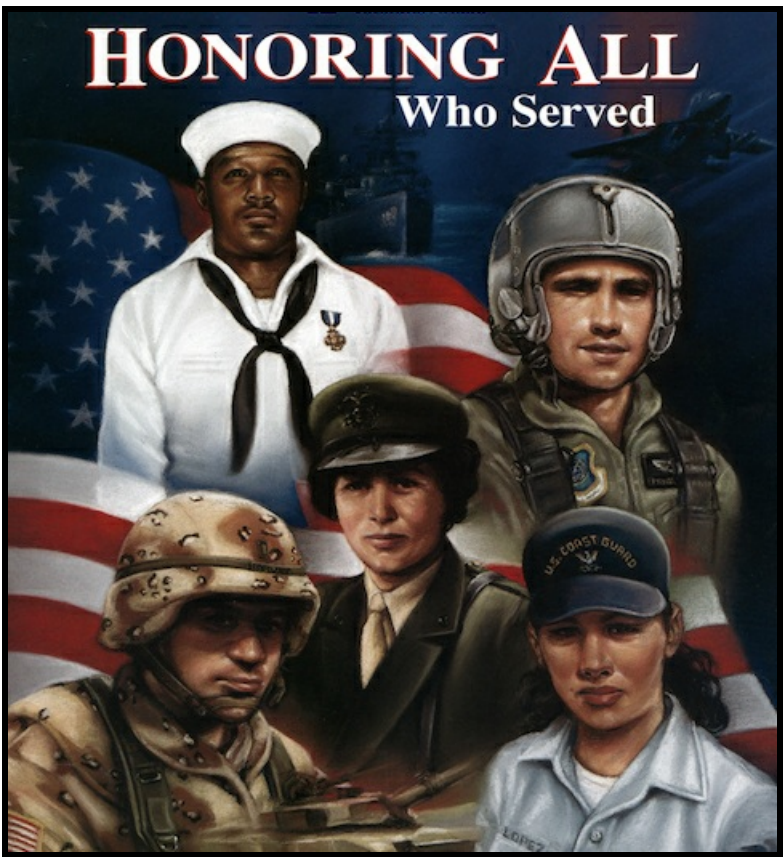
RSVP [HERE](#) or call 719-565-6678 to reserve your slot.



Every first Tuesday of the month, [Michael Flores, DPT](#) hosts his Open Clinic for Shoulder/Neck pain from 11:00 - 11:45 at Physical Therapy Connections.

By reserving your spot for this clinic, you will get a FREE one on one 15 minute session with Michael and learn how to [get rid of your shoulder/neck pain](#). This information is extremely valuable and there are only 3 slots available per month.

Be sure to reserve your spot [HERE](#) for yourself or a friend, or you can call 719-565-6678 to secure your slot.



During the month of October, Physical Therapy Connections will be offering FREE 1/2 hour massages to all of those who served our country.

We thank you for your service and want to give back in any way we can. Call to set up your free massage with [Michael Coffee](#) or Nicole Laureano today!

Physical Therapy Connections and the Community

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Send this email to someone you think may be interested.



Michael Coffee, LMT co-hosted a Medical Massage Practitioner Certification Seminar the weekend of September 23, 2017 at Physical Therapy Connections, P.C.

This seminar was a 3 day course for Massage Therapists that reviewed the latest advancements in massage therapy. Sharing information and educating the community on primary prevention practices is a huge priority for us at PTC, and we take every opportunity we can to enhance the education of our community.

If you would like one of our Physical Therapists or Massage Therapists to speak at one of your events, call 719-565-6678. We want to help as many people as we can.



Nicole Laureano



Samantha Goeke

Welcome our newest additions to the team! Samantha Goeke and Nicole Laureano have both recently started working here at PTC. Samantha started as the Activation Specialist and directs marketing for the clinic and Nicole is a licensed massage therapist. Stop by and meet the newest additions to the team.

Congratulations Stephanie!



Have you heard?! Stephanie Nolting, DPT gave birth to Sierra Nicole Nolting on September 14, 2017! Both mom and baby are happy and healthy. Also, congratulations to Phyllis Olsen for guessing the closest time of the delivery. We could not be happier for Stephanie and are excited to watch Sierra grow with the PTC Team.

October Events at Physical Therapy Connections, P.C.

This email was sent by samantha@pt-connections.com
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